

# DID YOU KNOW? Inhalants

## NOT JUST KIDS!

Sep 2016



### WHAT TO LOOK FOR...

- ♦ Chemical odors on breath or clothing
- ♦ Nausea or loss of appetite
- ♦ Slurred speech
- ♦ Drunk or disoriented appearance
- ♦ Paint or other stains on face, hands, or clothing
- ♦ Inattentiveness
- ♦ Hidden empty paint or solvent containers
- ♦ Irritability, and depression
- ♦ Chemical-soaked clothing or rags
- ♦ Nosebleeds



**DDR HAS AN OPEN DOOR POLICY**  
**481-5998**

**MORE ADULTS ARE ABUSING INHALANTS THAN ARE ABUSING THE FOLLOWING: Meth, Crack, Sedatives, LSD, Heroin**

Last year inhalant abusers numbered over 2 million people. Half of those abusers were under the age of 18

**54% OF THOSE ADMITTED FOR THE TREATMENT OF INHALANT ABUSE ARE OVER THE AGE OF 18**

**52% of those range in age from 18-29**

**16% are 45 and older**

**72% are male**

**72% are white**

Each year, more than 100 teens die from inhalant abuse, some on their very first huff. ([choices.scholastic.com](http://choices.scholastic.com))

### WHAT DO INHALANTS DO TO THE BODY?

- ♦ Sudden sniffing death syndrome
- ♦ Heart, liver, kidney & brain damage
- ♦ Heart arrhythmia
- ♦ Impaired motor skills
- ♦ Bone marrow toxicity
- ♦ Nitrite Poisoning
- ♦ Memory Problems
- ♦ Sleep difficulties

**TO LEARN MORE:**

**[www.inhalants.org](http://www.inhalants.org)**  
**[www.nida.nih.gov](http://www.nida.nih.gov)**