

DID YOU KNOW?

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DRUG DEMAND REDUCTION

481-5998



30 Million Drove “Under the Influence” Last Year

Recent data released from SAMHSA indicate that 30 million people drove “under the influence” last year. Combining 2006 to 2009 data, the National Survey on Drug Use and Health (NSDUH) report indicates that 13.2 percent of people age 16 or older (approximately 30.6 million people) drove under the influence of alcohol in the past year. About 10.1 million people, or 4.3 percent, drove under the influence of illicit drugs. The report is available on SAMHSA’s website at <http://oas.samhsa.gov/2k10/205/DruggedDrivingTml.pdf>.

EXPOSURE TO TOBACCO SMOKE CAUSES IMMEDIATE DAMAGE

Cellular damage and tissue inflammation from tobacco smoke are immediate and repeated exposure weakens the body’s ability to heal the damage.

Tobacco smoke contains a deadly mixture of more than 7,000 chemicals and compounds, of which hundreds are toxic and at least 70 cause cancer

1/3 cancer deaths in the U.S. is tobacco related

Brief exposure to SECONDHAND SMOKE can cause cardiovascular disease and could trigger acute cardiac events, such as heart attack.

Smoking can make it harder for DIABETICS to control their blood sugar.

Today’s cigarettes deliver more quickly and efficiently than cigarettes of many years ago, making them more addictive and attractive to smokers and therefore harder to quit.

Drug Abuse at Highest Level in Nearly a Decade!

With T.V. shows based on drug use and manufacturing, and the medical marijuana debate glamorizing marijuana use, it is imperative that parents, leadership, and community members understand that drug use is just as harmful, if not more so, despite changing attitudes.

Prevention and education are more important than ever. Educate yourself and those around you to continue fostering a drug-free community.

- The rise was driven largely by an increase in the use of marijuana
- The increase was particularly high among youth aged 12 to 17 and adults aged 18 to 25.
- A growing percentage of youth say they do not believe that regular use of marijuana is very harmful.
- Nonmedical use of prescription drugs rose 12 percent from 2008 to 2009
- Drug abuse among those aged 50 to 59 doubled to 6.2 percent from 2.7 percent in 2002.

For more information, please view the 2009 National Survey on Drug Use and Health online at www.oas.samhsa.gov/NSDUH/2k9NSDUH/2k9Results.htm.