

MARCH 2011

# Did You Know?

## “Bath Salts”

### EFFECTS:

- Overdose
- Panic Attack
- Rapid Heart Rate
- Severe Muscle Cramps
- Depression
- Insomnia for multiple days
- Respiratory problems

The main ingredient used for Bath Salts is MDPV.

- white to light brown chunky powder
- reported to have a “sliced potato” odor
- has been available for purchase as a research chemical since 2007.

***These aren't Calgon salts or Bath and Body Works Products. “Bath Salts” is the name of a group of synthetic substances with stimulant-like properties.***

- These substances have been reported to cause death and overdose
- Traceable through the Air Force's Urinalysis Drug Testing Program
- “Bath Salts” are also known as: Ivory Wave, Vanilla Sky, Pure Ivory, Purple Wave, Charge+, Ocean Burst, and Sextacy



**THE USE OF “Bath Salts” IS A VIOLATION OF ARTICLE 92, UCMJ. PER AFI44-120, para 1.1.6. , “...the knowing use of any intoxicating substance, other than the lawful use of alcohol or tobacco products, that is inhaled, injected, consumed, or introduced into the body in any manner to alter mood or function is prohibited.” These substances include, but are not limited to, controlled substance analogues (e.g., designer drugs such as “spice” that are not otherwise controlled substances) .**



In 2009, Sarah Forsyth (Left) , age 35, fell into a coma and eventually passed away after using Ivory Wave regularly as a weight loss supplement.

Within months of taking her first hit, Sarah had become a paranoid, aggressive agoraphobic, insomniac. She dropped from a size 16 to a size six.

The total number of deaths and hospitalizations due to Ivory Wave is unknown, but deaths have been reported throughout Europe and Australia. Hospitalizations have occurred throughout the U.S.