

DID YOU KNOW? AIR FORCE DRUG TESTING PROGRAM... MYTHS & FACTS

April 2011

YES, YES, IT IS RANDOM! REALLY, IT IS!

Every day, DDR staff arrive NLT 0630. Once logged onto the Air Force Drug Testing Program Computer, staff are notified through the software's random selection process whether or not the day is a testing day and if so, if it is a military or civilian day.



DDR has an open door policy. Please call or stop by anytime if you have questions, concerns, or are in need of educational materials.

WHO'S TESTED?

- 100 % of personnel are eligible every day
- Each installation is required to achieve 100 percent of their end strength population
- Altus has a small population; your probability of being selected often is very high.

MYTH: "But I've tested 2 times this month!" "This isn't random, I just came back from Jamaica!"

FACT: The Drug Testing Computer is not connected to any other system. The computer does not know where you went on vacation. You are not targeted due to taking leave or your choice of vacation spot.

While on leave, TDY, deployed, your name is still eligible to be selected. When your name is selected during these times, your squadron Trusted Agent notifies DDR staff of your estimated date of return. You are required to test on the first day you return to duty, regardless of whether it is a Random Testing day. Your Trusted Agent will notify you of this requirement.

If your name pulls up multiple times while you are on leave or deployed and your squadron Trusted Agents relay to DDR staff different return dates each time your name pulls up, once the date is entered into the system, you will be required to test as many times as return dates given.

BLDG 46, RM 1375

481-5998

MYTH: "I hear the lab pours all the urine into a big bucket and if any drugs show up, everyone has to be tested again."

FACT: Each specimen is individually processed through 3 separate tests, using 3 separate portions of the sample, all of which must return a positive result in order for the lab to send a positive report. The Medical Review Officer at each installation then reviews the medical records of individuals whose specimens were reported as positive by the lab to determine if the positive is due to legal use of a prescription or not.

Will I Test Positive??? "I ate a poppy seed muffin, what's going to happen?"

Poppy seeds will register in your urine as codeine/morphine, but not at the levels required for a confirmed positive. Read below for more information.

- Poppy seeds are a significant dietary source of codeine and/or morphine.
- In 1998, HHS revised the Mandatory Guidelines for Federal Workplace Drug Testing Programs to increase the initial testing and confirmatory cutoffs for opiates (i.e., from 300 ng/ml to 2000 ng/ml) and require laboratories to test all morphine positive specimens for heroin metabolite (6-AM).
- These measures were taken to eliminate most specimens that test positive due to poppy seed ingestion or due to the use of legitimate morphine or codeine medication.