



Altus AFB Emergency Management

4th Quarter 2020

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Winter Weather Preparedness

Winter is coming. While the majority of people get excited for the winter holidays and festivities, a lot of people tend to forget the real dangers winter weather can produce. Falling into the final quarter of the year, people need to keep in mind how to prevent and prepare for the unpredictable winter weather at Altus AFB. Please read below for winter preparation tips as well as a list of items to include in your vehicle emergency kit. Feel free to visit the Be Ready Snowstorm & Extreme Cold website at <https://www.ready.gov/winter-weather> for more information on how to make you, your friends, and your family more prepared.



- Dress warm, in several layers of clothing.
- Wear waterproof, insulated boots.
- Minimize travel, if necessary, and keep a emergency kit in your car.
- Local news channels can provide critical information.
- Keep vehicle tank full to keep fuel-line from freezing.
- Bring pets inside during winter weather.
- Have an family emergency plan.

Winter Vehicle Preparation

In case of an emergency, everyone should carry an emergency kit in their vehicle. Here is a list of a few items that would be beneficial to have in your kit:

- Small Shovel
- Ice scraper
- Flashlight
- Water / Snack food
- Matches / Small Candles
- First Aid Kit
- Extra Clothes
- Blankets / Sleeping Bag
- Tow Chain / Rope
- Road Salt, Sand, Cat Litter
- Booster Cables



For more information you can visit [fema.gov](https://www.fema.gov) on emergency kits for vehicles.



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Winter Safety

Indoors

Stay inside:

When using alternative heat from a fireplace, wood stove, space heater, etc., use fire safeguards and ventilate properly.

If you have no heater:

- Close off unneeded rooms.
- Stuff towels or rags in cracks under doors.
- Cover windows at night.

In a Vehicle

Stay in your vehicle:

Disorientation occurs quickly in wind-driven snow and cold.

Run the motor about ten minutes each hour for heat:

- To avoid carbon monoxide poisoning, open the window a little for fresh air.
- Make sure exhaust pipe is not blocked.
- Turn on your dome light at night when running the engine.
- Tie a colored cloth to your antenna.

Outside

Find shelter:

- Try to stay dry.
- Cover all exposed parts of the body.

If no shelter is available:

- Prepare a lean-to, windbreak, or snow cave for protection from the wind.
- Build a fire for heat and to attract attention.
- Place rocks around the fire to absorb and reflect heat.

Tips for the Winter

- Exercise from time to time by vigorously moving arms, legs, fingers, and toes to keep blood circulating and to keep warm.
- *Eat and drink.* Food provides the body with energy for producing its own heat. Keep the body replenished with fluids to prevent dehydration.
- Wear layers of loose-fitting, light-weight, warm clothing. Remove layers to avoid overheating, perspiration, and subsequent chill.





Altus AFB Emergency Management

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The 97th Civil Engineer Readiness and Emergency Management Flight is the office of primary responsibility for the Installation Emergency Management (IEM) Program.

The main purpose of the program is to plan, organize, train, and equip personnel and protect critical infrastructure needed to accomplish the mission against the possibility of a chemical, biological, radiological, or nuclear materials (CBRN) incident, terrorist attack, major accident, or natural disaster.

We are involved from the emergency planning and training stages through response and recovery. Our highest priorities are force survivability and mission continuation.



WEB LINKS

beready.af.mil

fema.gov

dhs.gov

ready.gov



<https://altus.eis.aetc.af.mil/97msg/CES/EM/default.aspx>

AIR FORCE

AFEM

EMERGENCY MANAGEMENT

Prevent Prepare Respond Recover