

## HQ AETC/SG

### COVID-19 Travel Risk Assessment Tool (T-RAT)

(as of 04 December 2020 - updated as needed; previous versions obsolete; updates from previous in red font)

This version has been substantially revised. While reference a. remains in effect, updated CDC recommendations for post-travel restriction of movement (ROM) and testing have been incorporated. For Service Members, a risk assessment is required before all travel. The T-RAT should be utilized to determine the risk of exposure to COVID-19 during planned travel, as well as the need for **ROM/testing** upon completion of travel. Post-travel ROM decision is at unit CC discretion. Risk of COVID-19 exposure during travel should be compared to the risk surrounding the travel starting point. When risk of COVID-19 exposure at the travel origin is similar to the risk encountered during travel, the primary factor in determining if post-travel **ROM/testing** is necessary is what the traveler did while traveling. **Note: in accordance with CDC recommendations, individuals who had a higher risk of COVID-19 exposure during travel need to closely adhere to non-pharmaceutical interventions (NPIs; i.e., 6-ft physical distance, mask wear, hand washing, cover your cough/sneeze), and self-monitor for symptoms of COVID-19 for a full 14-days post-travel.**

#### TRAVEL RISK ASSESSMENT TOOL

##### **Within 30 Days of Travel:**

1) Traveler and Unit CC will review COVID-19 risk at the planned destination(s), as well as along the travel route:

- Official travel: review [DoD & DAF Installation Travel Restriction Criteria Results](#) to see if destination location(s) is/are and/or installations are listed as meeting the conditions to lift travel restrictions. As needed, follow References d.-g. for guidance on travel waiver requirements when conditions for unrestricted travel are unmet. For OCONUS official travel, member will also review Geographic Combatant Commander (GCC) guidance, applicable Host Nation (HN) procedures, and DoD Foreign Clearance Guide.

- Leave travel:

- OCONUS: review Centers for Disease Control (CDC) [Travel Health Notices](#) (THN) to determine whether destination location(s) is/are experiencing an elevated level of COVID-19 transmission (THN Level 4). Review worldwide map on [globalepidemics.org](#) (reference k.) to assess current COVID-19 risk (cases per 100K per day); Note: to compare rates to Community Profile Report, multiply per day rate by 7. Member will also review GCC guidance, applicable HN procedures, and DoD Foreign Clearance Guide.

- CONUS: review the DHHS/DHS Community Profile Report to determine whether origin & destination location(s) is/are experiencing significantly elevated transmission of COVID-19 ('hot spot' or 'sustained hot spot'); an updated Community Profile Report will be posted to reference i. weekly. Alternately, the complete version of the DHHS/DHS Community Profile Report can be found at reference j.

2) Travel approval to 'hot spot' locations and post-travel ROM decision are at Unit CC discretion (and/or IAW Installation CC guidance). Unit CC should assume all personnel may need to be placed in ROM upon return from travel (given continuously changing COVID-19 transmission patterns).

##### **Within 7-10 Days of Travel:**

1) Traveler and Unit CC will recheck planned destination(s) for 'open' ('green to green') / not a 'hot spot' status.

2) Unit CC will review the following items with the traveler:

- COVID-19 symptoms: Fever or chills, cough or sore throat, shortness of breath, congestion or runny nose, muscle or body aches, headache, fatigue, new loss of taste or smell, nausea or vomiting, and/or diarrhea.

- Remind member to not proceed with travel if feeling sick, or if they have had close contact with anyone having or known to have exhibited symptoms of COVID-19 or tested positive for COVID-19 within the past 14-days.

- Ensure member understands how to self-monitor and what actions to take if they develop COVID-19 symptoms or is diagnosed with COVID-19.

- Remind personnel to comply with any DoD, Federal, State, HN, and local restrictions during travel.

- Unit CC and supervisor will maintain a means of communication with traveler throughout the period of travel.

- Provide member with 'Safe Travel' handout, as well as 'Steps to be Taken During ROM' handout (as applicable).

Templates available on [reference i.](#)

**Upon Return from Travel or Arrival to Installation:** Unit CC (or designee) will ask traveler the following questions:

1) In the last 3-5 days have you experienced symptoms of COVID-19?

>> If symptomatic: Call medics for telephonic evaluation; if have severe trouble breathing, call 911.

>> If no symptoms: Go to Step 2.

2) Have you had close contact (within 6 feet for at least 15 minutes) with a person known to have COVID-19?

>> If 'yes': 14-day ROM from the last exposure to the known positive individual. Note: CDC continues to recommend a 14-day quarantine period for those who have close contact with a COVID-19 positive person. Check with local medics for guidance on a shortened ROM period protocol.

>> If 'no': Go to Step 3.

3) Have you been tested for COVID-19 in the last 14-days?

>> If 'yes': Call medics for telephonic evaluation. Note: Timing of release from isolation (person is symptomatic and/or has positive test) is 10-days; release from quarantine (person is a close contact of a COVID-19 case) is 14-days.

>> If 'no': Go to Step 4.

4) Does / will individual work in an environment where it is not possible to maintain physical distancing (SCIF, etc.), or be performing a mission critical function?

>> If 'yes': Consider 14-day ROM (discretion of Unit CC) - or - go to Step 5.

>> If 'no': Go to Step 5.

5) Review itinerary to determine if 'open' / 'hot spot' status changed during travel.

-- OCONUS: Is country covered by a CDC THN (<https://wwwnc.cdc.gov/travel/notices>)?

>>> If CDC THN Level 4: 7-day ROM starting the day they departed OCONUS location, with a COVID-19 test 4 to 5 days after travel. Alternately, 10-day ROM without a COVID-19 test. Always follow state and local requirements related to travel. Watch for symptoms of COVID-19 and strictly adhere to NPIs for full 14-days post-travel. Note: IAW reference h., when traveling from a country in which COVID-19 incidence is equal to or lower than that the incidence at the USA destination, the ROM requirement should not be imposed.

>>> If CDC THN Level 1 - 3: Go to Step 6.

>>> If departure was greater than 14-days ago, and in-transit location(s) was USA: Go to USA.

-- USA:

>>> As applicable, if travel was in an area covered by destination installation's state-level travel restrictions: recommend ROM starting the day they departed the USA location (ROM length as state/locally directed).

>>> Otherwise, Go to Step 6.

6) Did the traveler's mode of travel and/or activities while traveling put them at higher risk for exposure to COVID-19?

Utilize the COVID-19 Travel & Activity Risk Matrix (see p3) to determine risk level. While all modes of travel and activities while traveling should be assessed on an individual basis, if the traveler meets two or more criteria in the higher risk category then the recommendation is for ROM/test or ROM.

>> If 'yes': 7-day ROM starting the day returned home, with a COVID-19 test 4 to 5 days after travel. Alternately, 10-day ROM without a COVID-19 test. Always follow state and local requirements related to travel. Watch for symptoms of COVID-19 and strictly adhere to NPIs for full 14-days post-travel.

>> If 'no': Go to Step 7.

7) Was travel within the USA to an area(s) experiencing a significantly different level of COVID-19 transmission than travel origin?

>>> If 'yes' (= higher): consider the need for a 7-day ROM starting the day they departed 'hot spot' area, with a COVID-19 test 4 to 5 days after travel. Alternately, 10-day ROM without a COVID-19 test. Always follow state and local requirements related to travel. Watch for symptoms of COVID-19 and strictly adhere to NPIs for full 14-days post-travel.

>>> If 'no': **14-day self-monitor.**

---- NOTE: As needed, consult with local AF Public Health for help determining need for post-travel ROM.

## COVID-19 Travel & Activity Risk Matrix

Higher Risk						
<u>Air</u>	<u>Bus/Train</u>	<u>Own Vehicle</u>	<u>Gym/Recreation</u>	<u>Gatherings</u>	<u>Dining/Bar</u>	<u>Visits With</u>
- Crowded / full flight	- Any travel where it is difficult to maintain 6-ft physical distance from others	- Multiple stops along the route where it is difficult to maintain 6-ft physical distance from others	- High impact, indoor training and close contact sports where it is difficult to maintain 6-ft physical distance from others	- Indoor gathering, especially when masks are not being worn	- Inside dining, especially where it is difficult to maintain 6-ft physical distance	- Multiple households (either altogether in a single gathering or serial stops on one trip)
- Layover(s)				- Gathering where it is difficult to maintain 6-ft physical distance (wedding, funeral, reunion, party or holiday meal, park, concert, etc.)	- Consuming alcohol indoors	
		- Multi-day direct travel where only stops are for gas, takeout food and overnight lodging			- Karaoke or other group singing	
Elevated Risk						
- Not crowded flight			- Outdoor close contact sports	- Indoor gathering with one or two households where the number of people/space make it possible to maintain 6-ft physical distance		
- Direct flight			- Playground where it is difficult to maintain physical distance and frequently touched surfaces may not be routinely cleaned/sanitized	- Outdoor gathering or covered area with good ventilation and number of people/space make it possible to maintain 6-ft physical distance		
					- Outdoor gathering or covered area with good ventilation and number of people/space make it possible to maintain 6-ft physical distance	- Single household (not your own)
Low Risk						
- Staycation	- Staycation	- Direct travel (no stops along the route)	- Outdoor exercise	- Celebrating virtually or with members of your own household*	- Takeout, drive thru, curbside pickup, or delivery (with contactless payment)	
		- Staycation	- Camping		- Home-made meals	

Cruise travel = higher risk.

\*Your household = anyone who currently lives and shares common spaces in your housing unit (such as your house or apartment).

=====

POC: Lt Col Nyquist, DSN 487-9150, Comm 210-652-9150, [robert.nyquist@us.af.mil](mailto:robert.nyquist@us.af.mil)

REFERENCES:

- (a) DoD FHP Guidance (Supp 12) - Guidance for Personnel Traveling during the COVID-19 Pandemic, 06 Aug 20
- (b) AF/A1 GENADMIN - Additional Guidance on the DoD FHP (Supp 12) For Personnel Traveling During the COVID-19 Pandemic, 18 Aug 20
- (c) SECDEF Memo, Exemption of Authorized Leave for DoD Service Members from COVID-19 Personnel Movement and Travel Restrictions, 29 Jun 20
- (d) SECDEF Memo, Transition to Conditions-based Phased Approach to COVID-19 Personnel Movement and Travel Restrictions, 22 May 20
- (e) AF/A1 GENADMIN - Additional Guidance on the Transition to Conditions-Based Phased Approach to COVID-19 Personnel Movement and Travel Restrictions, 30 Jun 20
- (f) SECDEF Memo, Delegation of Waiver Approval Authority for COVID-19 Personnel Movement and Travel Restrictions, 5 Oct 20
- (g) SECAF Memo, Travel Restriction Delegations of Authority, 26 Oct 20
- (h) SECAF Memo, Waiver of Requirement for 14-day ROM for Travel from a Foreign Country to the USA, 10 Nov 20
- (i) AETC COVID-19 OneSource: [https://usaf.dps.mil/sites/aetc-hq-a36/COVID-19\\_OneSource/SitePages/Home.aspx#InplviewHash75b9d38d-2512-4777-9863-cae48a32f3f2=ShowInGrid%3DTrue](https://usaf.dps.mil/sites/aetc-hq-a36/COVID-19_OneSource/SitePages/Home.aspx#InplviewHash75b9d38d-2512-4777-9863-cae48a32f3f2=ShowInGrid%3DTrue); then select 'Hotspot Information' under Most Used Links
- (j) DoD COVID-19 SharePoint: <https://intelshare.intelink.gov/sites/HDI-DSCA/2019-nCoV/layouts/15/start.aspx#/SitePages/Home.aspx>; then look under the DHS NOC / FEMA NRCC header
- (k) Worldwide COVID-19 risk level dashboard: <https://globalepidemics.org/key-metrics-for-covid-suppression/>