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Altus AFB Emergency Management

How to Protect Yourself from Winter Weather

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Winter storms including blizzards can bring extreme cold, freezing rain, snow, ice and high winds.

Know Your Risk for Winter Storms

Pay attention to weather reports and warnings of freezing weather and winter storms. Listen for emergency information and alerts. Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

Winter Preparedness While Out and About

Be prepared for winter weather at home, at work and in your car. Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water and non-perishable snacks. Keep a full tank of gas.



Stay Safe During Winter Weather

Stay off roads if at all possible. If trapped in your car, then stay inside. Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia. Reduce the risk of a heart attack by avoiding overexertion when shoveling snow and walking in the snow.





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Quarter 4 2021 **Altus AFB Emergency Management**

Winter Warnings, Watch's, and Advisory's

Winter Storm Warning

Issued when hazardous winter weather in the form of heavy snow, heavy freezing rain, or heavy sleet is imminent or occurring. Winter storm warnings are usually issued 12 to 24 hours before the event is expected to begin.

Winter Storm Watch

Alerts the public to the possibility of a blizzard, heavy snow, heavy freezing rain, or heavy sleet. Winter storm watches are usually issued 12 to 48 hours before the beginning of a winter storm.

Winter Weather Advisory

Issued for accumulations of snow, freezing rain, freezing drizzle, and sleet which will cause significant inconveniences, and if caution is not exercised, could lead to life-threatening situations.



Cold Weather Safety

Extremely cold air comes every winter in at least part of the country, and affects millions of people across the United States. The arctic air, together with brisk winds, leads to dangerously cold wind chill values. People exposed to extreme cold are susceptible to frostbite in a matter of minutes. Areas most prone to frostbite are uncovered skin and the extremities, such as hands and feet. Hypothermia is another threat during extreme cold. Hypothermia occurs when the body loses heat faster than it can produce.

AIR FORCE

ALTUS AFB



EMERGENCY MANAGEMENT

Respond

Prevent Prepare

Recover



Altus AFB Emergency Management

97 CES/CEX 401 L Avenue Altus AFB, OK 73523 580-481-6137 Email: emergency.management@us.af.mil The 97th Civil Engineer Squadron Readiness and Emergency Management Flight is the office of primary responsibility for the Installation Emergency Management Program.

The main purpose of the program is to plan, organize, train, and equip personnel and protect critical infrastructure needed to accomplish the mission against the possibility of a chemical, biological, radiological, or nuclear (CBRN) incident, terrorist attack, major accident, or natural disaster.

The Readiness and Emergency Management Flight is involved in the emergency planning and training stages through response and recovery. Our highest priorities are force survivability and mission continuation.

SharePoint: https://usaf.dps.mil/teams/aetc-alt-97msg-ces/em/default.aspx



<u>WEB LINKS:</u> <u>beready.af.mil</u> <u>fema.gov</u> <u>dhs.gov</u>

<u>ready.gov</u>

